



University of Illinois at Chicago
Chicago Partnership for Health Promotion
Nutrition Education Service Interest Request Form

Date: ___/___/20__

Site Name: _____

Contact person: _____ Title: _____

Site Address: _____ ZIP: 606__

Phone: _____ Email: _____

Fax: _____ Web site: _____

Best way to reach contact person: (please check one) phone (best time _____) email

Service Request

Language: English Spanish Other: _____

Setting/Program

- Early Childhood (Pre-K)
- School (K-12)
- Afterschool/Summer Program
- Emergency Food Site (e.g. Pantries, Shelter, Soup Kitchen, Food Distribution Site)
- Senior Center
- Corner/Grocery Store
- Faith-based Institution (e.g. Church, Mosque, Synagogue)
- Health Clinic/FQHC

Technical Assistance Request

- Point of Purchase Promotion (e.g. Food of the Month, Smarter Lunchroom, Nudging, in-store marketing, farmer's market promotion, etc.)
- Healthy Celebrations/Healthy Meetings
- Smart Snacks/Healthy Vending
- Healthy Fundraising
- Bulletin Boards/Signage
- School Wellness /Food Policy Council Development/Participation
- Health Ministry Development/Participation
- Professional Development/Training (e.g. Teacher Training, Food Service, Store Owner)
- Garden/Urban Agriculture/Food System Development (e.g. growing, storage, handling)
- Nutrition Policy/Guideline Development (e.g. nutrition standards/policy)

Multi-Session Nutrition Education Request

- Hip Hop to Health (Pre-K)
- OrganWise Guys (K-2nd Grade)
- CATCH (3rd-5th Grade)
- CATCH (6th-8th Grade)
- CATCH After school
- Youth Ambassadors (9th-12th Grade)
- Great Garden Detective (3rd-5th Grade)
- Cooking Matters (Kids/Teens/Adults)
- Cooking Matters in the Pantry (Brief Nutrition Interaction in a series)
- Eat Smart, Being Active
- Faithful Families

Community Events/One-time Nutrition Education Sessions/Other Request

- Eat Smart, Being Active-Community Session
- Cooking Matters in the Pantry (Brief Nutrition Interaction-one time session)
- Grocery Store Tours
- Farmer's Market (Brief Nutrition Interaction-one time session)
- Healthy Cooking Demonstration
- Health Fairs/Special Events
- Report Card Pick Up/Family Night/Parent Meeting
- Newsletter/Bulletin Information/Website

Please Complete the Questions Below:

Who will be participating in the session/event?

How many expected attendees:

What is the age group of your attendees?

What are the hours of the session/event?

Date(s)/Time(s) of the event/?

Location where the event will be held?

Comments/Questions:

Schools Only: Classroom/Afterschool Information

Please circle grades:

Pre K, K-1-2-3-4-5-6-7-8-9-10-11-12

How many classrooms per grade: _____

Approximate students per class: _____

What quarter do you want to start: 1-2-3-4

What day do you want services M-**T-W-Th**-F



Services Provided by CPHP

School-Based Campaigns:

CPHP provides classroom lessons, promotional materials, cafeteria teachable moments, afterschool programming and parent programs. CPHP aims to assist in making schools a happy and healthy place for children to learn and be well.

Hip Hop to Health:

HH2H is an evidence-based healthy eating and exercise curriculum developed for children ages 3-7 years.

Organwise Guys (K-2nd Grade):

OWG curriculum is a fun and interactive way to bring the body to life via lovable organ characters. Kids learn what it really means to be nutrition smart from the inside out.

- 8 weekly classes delivered by CPHP's Nutrition Educators.

CATCH (3-8th grade):

CATCH (Coordinated Approach To Child Health) is an evidence-based, coordinated school health program designed to promote physical activity and healthy food choices.

- 8 weekly classes delivered by CPHP's Nutrition Educators.

Food of The Month (FOM):

A fruit or vegetable is promoted monthly on site for the children to sample recipes and bring home information to their families.

After School Programming and Special Events:

Fun interactive nutrition education sessions that keep children moving as they learn about the importance of nutritious eating to promote a healthy growing body.

Great Garden Detective:

Youth learn about fruits and vegetables through a series of investigations and fun experiences connecting the school garden to the classroom, school cafeteria, and home.

School Based Health Centers:

Staff provide a full range of physical, health education, and behavioral health and wellness services to students.

Community-Based Campaigns:

CPHP extends its services outside of the classroom by offering nutrition education to park districts, summer camps, after school sites, community centers, senior sites and faith-based organizations. Programming is available for all audiences.

Chicago Park District:

Summer Camp: Interactive nutrition education program provided during summer that promotes healthier food choices and physical activity.

Health Fairs:

Available for all audiences, where comprehensive nutrition education materials, visual displays, and teachable moments are provided.

Food Pantries:

Partnering with the Greater Chicago Food Depository to provide nutrition education and on-site cooking demonstrations.

Adult Nutrition Classes:

Adult nutrition program designed to increase the knowledge of nutrition and physical activity for adults as well as healthy eating on a limited budget.

Cooking Matters:

Adult and family nutrition and culinary program that teaches participants how to prepare and shop sensibly for healthy meals on a limited budget.

Faith-Based Nutrition Classes:

Adult nutrition classes along with cooking classes in collaboration with health ministry leaders and kitchen staff of these organizations.

Health Clinics:

Provide teachable moments where activities and displays are used to educate patients in the waiting room.

Return to: UIC - Chicago Partnership for Health Promotion

Attn: Daylan Dufelmeier

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Fax 312-413-8339

Phone 312-355-3659

The UIC Chicago Partnership for Health Promotion is funded by the USDA Supplemental Food Assistance Program- Ed to encourage Chicago families to make healthier food choices, learn to prepare and consume healthier foods every day and be more physically active. The USDA, UIC and CPHP are equal opportunity providers and employers. For more information about partnership or CPHP programs in your community, contact CPHP at 312-355-3659. www.cphp.uic.edu